



Knowledge and Skill Progression in PSHE (Where Safeguarding Will Be Further Promoted)

| EYFS | Year 1 | Year 2 | Year 3 | Year 4 | Year 5 | Year 6 |
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| <ul style="list-style-type: none"> I can take turns with others. I can show sensitivity to others' needs and feelings, and form positive relationships with adults and other children. I am confident to try new activities, and say why I like some activities more than others. I am confident to be able to say when I do or don't need help. I can talk about how myself and others show feelings. I can talk about my own and others' behaviour, its consequences, and that some behaviour is unacceptable. I can adjust my behaviour to different situations and take changes of routine in my stride. | <ul style="list-style-type: none"> I can identify and respect the similarities and differences between people. I can identify my special people, (family, carers, and friends) what makes them special to me and how special people should look after each other. I know I belong to different groups and communities. I can recognise that there are different types of relationships, including those between acquaintances, friends, relatives and families I know that people and other living things have rights and that everyone has responsibilities to protect those rights | <ul style="list-style-type: none"> I know what I need to do to be healthy How to get along with others I can identify that everyone is different I understand how to treat others equally I am starting to understand how to resolve conflict I know how to stay safe online and keep personal information safe. I know that babies grow into children and then adults (also animal lifecycles and babies). How to stay safe on the playground, when crossing a road (on school trips). I can identify the emotions I am feeling and am starting to find ways to manage these. | <ul style="list-style-type: none"> Make simple choices to improve their health and well-being, including healthy eating, physical exercise, oral health and emotional wellbeing. Make judgements and decisions and use techniques for resisting negative peer pressure. Identify positive ways to face new challenges. | <ul style="list-style-type: none"> I can make informed choices about healthy eating and exercising I have some strategies to cope with peer influence and peer pressure and can apply these to a range of scenarios. I can identify positive ways to face new challenges | <ul style="list-style-type: none"> To understand how bodies change as they approach and move through puberty (Science). To recognise that increasing independence brings increased responsibility to keep themselves and others safe. To appreciate the range of national, regional, religious and ethnic identities in the UK. To develop strategies to resolve disputes and conflict through negotiation and appropriate compromise. To understand the importance of working together in teams/groups. | <ul style="list-style-type: none"> I understand that puberty occurs at different times for different people I know basic emergency aid procedures and where to get help I can manage my time to include regular exercise I understand the issues of plagiarism, copyright and data protection in relation to my work I can explain the qualities of a positive relationship I can identify positive ways to face new challenges and be prepared for the transition to Key Stage 3 |