

# Weekly Menu Detail

September 2021 Wk 1 Robert Shaw

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main</b>	<b>Main</b>	<b>Main</b>	<b>Main</b>	<b>Main</b>
<p><b>Spaghetti Bolognese veggiemince*</b></p> <p>Contains Cereals containing Gluten</p> <p>Contains Sesame Seeds</p> <p>Contains Soybean</p> <p>Contains Wheat</p>	<p><b>Jacket Potato with Tuna Mayonnaise (60)*</b></p> <p>Contains Fish</p> <p>Contains Eggs</p>	<p><b>Quorn Roast &amp; Gravy*</b></p> <p>Contains Eggs</p> <p>Contains Milk</p> <p>Contains Lupin</p>	<p><b>Veggie Lasagne*</b></p> <p>Contains Cereals containing Gluten</p> <p>Contains Molluscs</p> <p>Contains Celery /Celeriac</p> <p>Contains Milk</p> <p>Contains Mustard</p> <p>Contains added Sulphur dioxide and/ or sulphites at a level &gt;10mg/kg</p> <p>Contains Wheat</p>	<p><b>Jacket Potato with Beans &amp; Cheese (60)*</b></p> <p>Contains Milk</p>
<p><b>Cumberland Veg Sausage GF, Df, EF*</b></p> <p>Contains Sesame Seeds</p> <p>Contains Soybean</p> <p>Contains added Sulphur dioxide and/ or sulphites at a level &gt;10mg/kg</p>	<p><b>Cheese &amp; Tomato Pizza (frozen base) 6*</b></p> <p>Contains Cereals containing Gluten</p> <p>May Contains Eggs</p> <p>Contains Milk</p> <p>May Contains Lupin</p> <p>Contains Wheat</p>	<p><b>Roast Pork, Gravy &amp; Stuffing (Primary) sliced*</b></p> <p>Contains Cereals containing Gluten</p> <p>Contains Wheat</p>	<p>Contains added Sulphur dioxide and/ or sulphites at a level &gt;10mg/kg</p> <p>Contains Wheat</p>	<p><b>Cheese Snack*</b></p> <p>Contains Cereals containing Gluten</p> <p>Contains Milk</p> <p>Contains Wheat</p>
<p><b>Cheese Sandwich*</b></p> <p>Contains Cereals containing Gluten</p> <p>Contains Milk</p> <p>Contains Wheat</p>	<p><b>Cheese &amp; tomato pizza brown base 12*</b></p> <p>Contains Cereals containing Gluten</p> <p>Contains Milk</p> <p>Contains Wheat</p>	<p><b>Roast Potatoes Org*</b></p>	<p><b>Halal Chicken curry Masala</b></p>	<p><b>HR Salmon &amp; Sweet Potato Fish Cake</b></p> <p>Contains Cereals containing Gluten</p> <p>Contains Fish</p> <p>Contains Wheat</p>
<p><b>Cheese Sandwich* white bread</b></p> <p>Contains Cereals containing</p>	<p><b>Cheese &amp; Tomato Pizza (bap Mix)*</b></p> <p>Contains Cereals containing</p>	<p><b>Vegetable Medley*</b></p> <p><b>Dessert</b></p> <p><b>Milk*</b></p> <p>Contains Milk</p> <p><b>Oaty Cookies*</b></p> <p>Contains Cereals containing Gluten</p> <p>Contains Milk</p>	<p><b>Baguette Chunks*</b></p> <p>Contains Cereals containing Gluten</p> <p>Contains Milk</p> <p>Contains Wheat</p> <p>May Contains Barley</p> <p>May Contains Oats</p> <p><b>Flatbread*</b></p>	<p><b>Baked Beans*</b></p> <p><b>Oven chips*</b></p> <p><b>Dessert</b></p> <p><b>Fresh Fruit Salad*</b></p> <p><b>Lemon Drizzle Cup Cakes*</b></p>

Gluten  
Contains Milk  
Contains Wheat

[Sides](#)

---

**Baguette Chunks\***

Contains Cereals containing  
Gluten  
Contains Milk  
Contains Wheat  
May Contains Barley  
May Contains Oats

**Carrots\***

**Mashed Potatoes\***

Contains Milk

**Gravy\***

**Carrot & Cucumber Stick\***

[Dessert](#)

---

**Fresh custard\***

Contains Milk

**Fresh Fruit Salad\***

**Apple Crumble \***

Contains Cereals containing  
Gluten  
Contains Wheat

Gluten  
Contains Sesame Seeds  
Contains Soybean  
May Contains Eggs

Contains Milk  
May Contains Lupin  
Contains Wheat

**Chicken Fajitas\* Halal**

Contains Cereals containing  
Gluten  
Contains Wheat

[Sides](#)

---

**Sweetcorn\***

**Mixed Salad\***

[Dessert](#)

---

**Butterscotch Tart\***

Contains Cereals containing  
Gluten  
Contains Milk  
Contains Wheat

**Fresh Fruit Salad\***

Contains Wheat  
May Contains Barley  
Contains Oats

Contains Cereals containing  
Gluten  
Contains Milk  
Contains Lupin  
Contains Wheat

**Fresh Broccoli\***

**White Rice\***

[Dessert](#)

---

**Fresh Fruit Salad\***

**Fruit Flapjack\***

Contains Cereals containing  
Gluten  
May Contains Wheat  
May Contains Barley  
Contains Oats

Contains Cereals containing Gluten  
Contains Eggs  
Contains Milk  
Contains Wheat

**Apple Sponge \***

Contains Cereals containing

Gluten

Contains Eggs

Contains Wheat