#### Travel to Robert Shaw Primary & Nursery School

Southfield Road, Western Blvd,

Nottingham NG8 3PL







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# **Getting road safety savvy**

- Be Bright Be Safe Be Seen by wearing bright clothing
- Teach road safety skills en route to school, and remember the 'Stop, Look, Listen and Think' sequence
- Prepare your child to travel independently
- Show your child this map. Talk to them about what they recognise
- Set a good example by choosing safe crossing places to cross the road



# **Using This Map**

Your school and Local Council have worked together to create this map for you to use when planning your journey to/from school to encourage more active travel, and to make the area outside of school a safer place to be.

# Modeshift STARS

Modeshift STARS is a national award scheme that recognises schools who demonstrate excellence in supporting walking, cycling and other forms of sustainable travel. Ask your school if they are taking part and for more information visit: www.modeshiftstars.org

The map focuses on your school in the middle with icons to show some useful features such as safe crossing points. The map also shows five and ten minute walking and cycling zones that are shown as circles on your map. Use the map to find your home and work out if you are living within one of the 5 or 10 minute walk and cycle zone circles.

If your home is inside one of the walk or cycle zones... it means that you live very close to the school and that active travel could be a great option for you. If you're not already, why don't you try walking, scooting or cycling to school? Parents, if you need the car to travel to work, it may be quicker and easier to leave it parked at home while you do the school run.

If you live outside of the walk and cycle zones... in order to reduce congestion at the school gate we would like those who currently arrive by car to try parking outside of the zones and walking the rest of the way to school.

# If you do have to drive to school

#### Please:

- Park and Stride and walk, cycle or scoot the last few minutes to school
- Be considerate and keep local residents driveways clear
- Make sure there is enough space for an emergency vehicle to access the school
- Car share where possible

#### Please don't:

- Park on the zig-zags, double yellow lines, outside the school gates, on the pavements or across dropped kerbs
  - Keep your engine on while stationary help keep the air clean. An engine running for 1 minute can fill 150 balloons with pollution!

# **Public Transport**

Public Transport is another good alternative to using a car. You can combine it with active travel, by getting off one stop earlier and walking the rest of your journey. A full bus can take up to 40 cars off the road meaning there is less pollution and congestion!

# Keep in touch with us

Nottingham City Council's Road Safety Team focuses on promoting safe, active and sustainable travel. We work with schools and the wider local community to deliver fun, engaging and educational activities.

> To find out more ask in school or contact us at **roadsafetyed@ nottinghamcity.gov.uk**

### Did you know?

Morning exercise improves your mood, lowers stress and increases concentration



# Did you know?

Did you know? It only takes 20 minutes (2,000 steps) to walk 1 mile, or 6 minutes to cycle!

