


Week: 1
 Date: 21st February, 14th March, 19th April,
 9th May, 6th June, 27th June, 18th July

Salad, Fresh Fruit, Bread and Water are available to pupils every day in all schools.  = Vegetarian

For Allergen information please ask a member of the catering team.

Robert Shaw

Monday


Tuesday

Wednesday

Thursday

Friday

Meat free

 Cumberland Vegan Sausage & Mash with Gravy and Carrots


Cajun Chicken with New Potatoes & Broccoli


Roast Pork & Stuffing, Gravy served with Organic Roast Potato & Vegetable Medley


Halal Chicken Curry with Rice, Flatbread and Broccoli


MSC Salmon Fish Fingers served with Oven Chips and Baked Beans





 Veggie Spaghetti Bolognese with Baguette Chunk and Carrots

 Cheese & Tomato Pizza served with Mixed Salad and Sweetcorn


 Quorn Roast, Stuffing & Gravy served with Organic Roast Potato & Vegetable Medley

 Vegetable Lasagne with Baguette Chunk and Broccoli


 Cheese Snack served with Oven Chips and Baked Beans

 Cheese Sub Roll served with Carrot & Cucumber Sticks

Jacket Potato served with Tuna Mayonnaise and Sweetcorn

 Cheese Panini served with Mixed Salad

Ham Sandwich served with Crunchy Carrot & Cucumber Sticks

 Jacket Potato served with Cheese & Baked Beans

Ice Cream & Fruit

Lemon drizzle Cake

Oaty Cookie with Milk

Fruit Flapjack

Chocolate Orange Muffin

Fresh Fruit Salad

Fresh Fruit Salad

Fresh Fruit Salad

Fresh Fruit Salad

Fresh Fruit Salad



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Main


Dessert



Week: 2
 Date: 28th February, 21st March, 25th April,
 16th May, 13th June, 4th July, 25th July



Robert Shaw

Salad, Fresh Fruit, Bread and Water are available to pupils every day in all schools.  = Vegetarian

For Allergen information please ask a member of the catering team.



	Monday	Tuesday	Wednesday	Thursday	Friday
Meat Free					
Main	<ul style="list-style-type: none"> ✓ Veggie Chick Pea Curry with Rice, Flatbread & Peas ✓ Tomato & Basil Pasta served with Baguette Chunk and Peas ✓ Cheese Sub Roll served with Crunchy Carrot & Cucumber Sticks 	<ul style="list-style-type: none"> BBQ Chicken served with Rice and Salad ✓ Cheese & Tomato Pizza served with Homemade Coleslaw and Sweetcorn Jacket Potato served with Tuna Mayonnaise and Salad 	<ul style="list-style-type: none"> Roast Turkey served with Gravy, Yorkshire Pudding and Organic Roast Potatoes & Vegetable Medley ✓ Quorn Roast, Yorkshire Pudding With Gravy served with Organic Roast Potatoes and Vegetable Medley Ham Sandwich served with Salad 	<ul style="list-style-type: none"> Jacket Potato with Bacon served with Baked Beans ✓ Veggie Chilli on Jacket Potato with Sweetcorn ✓ Tomato & Mascarpone Pasta served with Baguette Chunk and Sweetcorn 	<ul style="list-style-type: none"> MSC Fish served with Oven Chips Mushy Peas or Carrots ✓ Veggie Meatballs with Tomato Sauce, Oven Chips and Peas ✓ Cheese & Tomato Panini served with Peas or Mixed Salad
Dessert	<ul style="list-style-type: none"> Angel Delight & Fruit Fresh Fruit Salad 	<ul style="list-style-type: none"> Toffee Banana Muffin Toffee Apple Muffin Fresh Fruit Salad 	<ul style="list-style-type: none"> Shortbread with Milk Fresh Fruit Salad 	<ul style="list-style-type: none"> Iced Lemon Sponge Fresh Fruit Salad 	<ul style="list-style-type: none"> Chocolate Crunchies & Milk Fresh Fruit Salad



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Week: 3
Date: 7th March, 28th March, 2nd May,
23rd May, 20th June, 11th July

Robert Shaw


For Allergen information please ask a member of the catering team.



	Monday	Tuesday	Wednesday	Thursday	Friday
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Meat Free

Main


 Cheese Flan served with New Potatoes and Mixed Salad or Coleslaw


Tuna Pastry Parcel served with Boiled Potatoes and Sweetcorn


Roast Chicken served with Gravy, Stuffing and Organic Roast Potatoes & Vegetable Medley


Sausage & Mash served with Gravy and Broccoli


MSC Fish Fingers served with Oven Chips and Baked Beans


 Tomato & Mascarpone Pasta with Baguette Chunk and Mixed Salad


 Cheese & Tomato Pizza served with Sweetcorn & Mixed Salad


 Quorn Roast served with Gravy, Stuffing and Organic Roast Potatoes & Vegetable Medley


 Cumberland Vegan Sausage served with Gravy and Mash and Broccoli


 Vegan Mini Burger with Oven Chips and Baked Beans

 Jacket Potato served with Cheese & Mixed Salad


 Tomato & Basil Pasta served with Baguette Chunk & Mixed Salad

 Jacket Potato served with Cheese and Sweetcorn

 Cheese Sandwich served with Carrot & Cucumber Sticks

 Jacket Potato served with Cheese & Baked Beans

Dessert

 Jelly & Fruit

Oaty Cookie (apricot)

Raisin Flapjack & Milk

Chocolate Brownie & Milk

Victoria Sponge (with Jam + Cream)

Fresh Fruit Salad

Fresh Fruit Salad

Fresh Fruit Salad

Fresh Fruit Salad

Fresh Fruit Salad



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