


For Allergen information please ask a member of the catering team.





Week: 1
Date: 5th September, 26th September,
31st October, 21st November, 12th December,
16th January, 6th February

Robert Shaw

Monday

 Veggie Stew & Dumplings served with Gravy, Mashed Potato and Minted Peas or Carrots

 Veggie Balls served with Mashed Potato, Gravy and Minted Peas or Carrots


 Tomato & Basil Pasta served with Baguette Slice and Peas or Carrots

Angel Mousse Biscuit Dessert

Fresh Fruit Salad

Tuesday

Chicken & Tomato Pasta Bake served with Baguette Slice and Sweetcorn

 Cheese & Tomato Pizza served with Mixed Salad and Sweetcorn



Jacket Potato served with Tuna Mayonnaise and Sweetcorn


Orange Muffin

Fresh Fruit Salad

Wednesday

Roast Pork & Stuffing, Gravy served with Organic Roast Potato & Fresh Vegetable Medley


  Quorn Roast, Stuffing & Gravy served with Organic Roast Potato & Fresh Vegetable Medley


 Cheese Panini served with Mixed Salad


Lemon & Apricot Cookie Milk

Fresh Fruit Salad

Thursday

 Pork All Day Breakfast served with Baked Beans


  Veggie All Day Breakfast served with Baked Beans


 Cheese Salad Wrap served with Carrot sticks & Cherry Tomatoes


Fruit Crumble & Custard

Fresh Fruit Salad

Friday

MSC Salmon Fish Fingers served with Oven Chips Tomato Sauce and Broccoli 

 Macaroni & Cheese served with Baguette Slice and Broccoli

 Jacket Potato & Cheese, served with Mixed Salad

Oaty Biscuit

Fresh Fruit Salad




Main

Dessert

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Week: 2
 Date: 12th September, 3rd October, 7th November,
 28th November, 19th December & 5th January,
 23rd January

Salad, Fresh Fruit, Bread and Water are available to pupils every day in all schools.  = Vegetarian

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Robert Shaw



Monday Tuesday Wednesday Thursday Friday

Main

Dessert


	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Tomato Mascarpone Pasta served with Baguette Slice & Carrots ✓ Savoury Homemade Pie with Gravy, Mashed Potatoes and Carrots	 Chicken Korma Curry served with Flatbread, Rice and Sweetcorn ✓ Cheese & Tomato Pizza served with Homemade Coleslaw and Sweetcorn	 Roast Turkey served with Gravy, Yorkshire Pudding and Organic Roast Potatoes & Fresh Vegetable Medley ✓ Quorn Roast, Yorkshire Pudding With Gravy served with Organic Roast Potatoes and Fresh Vegetable Medley	 Homemade Sausage Roll served with Mashed Potatoes & Baked Beans ✓ Cheese & Tomato Snack served with Mashed Potatoes & Baked Beans	MSC Fish served with Oven Chips, Peas ✓ Mexican Veggie Sausage Pasta served with Baguette Slice & Peas
Dessert	Jacket Potato served with Tuna Mayonnaise & Mixed Salad Lemon Shortbread Slice & Custard Fresh Fruit Salad	 Tomato & Basil Pasta served with Flatbread and Mixed Salad Jelly & Fruit Fresh Fruit Salad	 Cheese & Tomato Panini served with Mixed Salad Cornflake Flapjack Milk Fresh Fruit Salad	 Jacket Potato & Cheese, served with Baked Beans Pineapple Upside Down & Custard Fresh Fruit Salad	 Fajita Quorn Wrap with Oven Chips and Peas Bakewell Muffin With Milk Fresh Fruit Salad



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Week: 3
 Date: 19th September, 10th October,
 14th November, 5th December, 9th January,
 30th January

Salad, Fresh Fruit, Bread and Water are available to pupils every day in all schools.  = Vegetarian

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Robert Shaw





Main

Dessert

Monday

 Potato & Chickpea Curry served with Flatbread Bread, Rice & Carrots


 Quorn Chilli served with Flatbread Bread, Rice & Carrots


 Jacket Potato served with Cheese & Coleslaw


Chocolate Sponge & Chocolate Custard

Fresh Fruit Salad

Tuesday

 Halal Tandoori Chicken served with Rice and Sweetcorn


 Cheese & Tomato Pizza served with Sweetcorn & Mixed Salad


 Tomato Mascarpone Pasta served with Baguette Slice and Sweetcorn

Canadian Date Cake & Custard

Fresh Fruit Salad

Wednesday

 Roast Chicken served with Gravy, Stuffing and Organic Roast Potatoes & Fresh Vegetable Medley



 Quorn Roast served with Gravy, Stuffing and Organic Roast Potatoes & Fresh Vegetable Medley


Cheese Panini served with Mixed Salad


Oaty Cookie Milk

Fresh Fruit Salad

Thursday

  Sausage and Yorkshire Pudding and Onion Gravy, Mashed Potato & Peas

 Veggie Sausage and Yorkshire Pudding with Onion gravy, Mashed Potato & Peas


 Tomato & Basil Pasta served with Baguette Slice and Mixed Salad


Peach Yoghurt Flapjack Desert

Fresh Fruit Salad

Friday

MSC Fish Fingers served with Oven Chips and Baked Beans

 Veggie Bean Wrap served with Oven Chips and Sweetcorn

 Jacket Potato & Cheese, served with Baked Beans

Cornflake Tart with Custard

Fresh Fruit Salad



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