

Week: 1

Date: 5th September, 26th September, 31st October, 21st November, 12th December, 16th January, 6th February

Salad, Fresh Fruit, Bread and Water are available to pupils every day in all schools. \ / = Vegetarian

> For Allergen information please ask a member of the catering team.





Monday

Tuesday

Wednesday

Robert Shaw

Thursday

Halal Chicken Punjabi

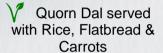
Curry served with Rice

Flatbread and Green

Beans

MSC Salmon Fish Fingers served with Oven Chips Tomato Sauce and Broccoli

Friday



Chicken & Tomato Pasta Bake served with Baguette Slice and Sweetcorn

Cheese & Tomato

Pizza served with Mixed

Salad and Sweetcorn

Roast Pork & Stuffing, Gravy served with Organic Roast Potato & Fresh Vegetable Medley

Quorn Roast, Stuffing

& Gravy served with

Organic Roast Potato &

Fresh Vegetable Medley

Pork All Day Breakfast served with Baked Beans

V Macaroni & Cheese served with Baquette Slice and Broccoli

with Mashed Potato. Carrots

Tomato & Basil Pasta

served with Baquette

Slice and Peas or Carrots

Jacket Potato served with Tuna Mayonnaise and Sweetcorn

Cheese Panini served with Mixed Salad

Cheese Salad Wrap served with Carrot sticks & Cherry Tomatoes

V Jacket Potato & Cheese, served with Mixed Salad

Angel Mousse Biscuit Dessert

Orange Muffin

Lemon & Apricot Cookie Milk

Sticky Toffee Pudding & Custard

Oaty Biscuit

Fresh Fruit Salad

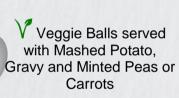




MSC-C-54995 'Seafood with this mark comes from an MSC certified sustainable fishery, www.msc.org'



Desser





Week: 2 Date: 12th September, 3rd October, 7th November, 28th November, 19th December & 5th January, 23rd January



Salad, Fresh Fruit, Bread and Water are available to pupils every day in all schools. \ \ \ \ = Vegetarian

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Monday

Tomato Mascarpone Pasta served with **Baguette Slice & Carrots**

Tuesday

Homemade Sausage Roll served with Mashed Potatoes & Sweetcorn

Wednesday

Halal Chicken Tikka served with Rice. Flatbread and Vegetable Medlev

Thursday

Halal Chicken Korma Curry served with Flatbread, Rice and Carrots

Friday

MSC Fish served with Oven Chips, Peas



V Savoury Homemade Pie with Gravy, Mashed Potatoes and Carrots

Cheese & Tomato Pizza served with Homemade Coleslaw and Sweetcorn

VQuorn Roast, Yorkshire Puddina With Gravy served with Organic Roast Potatoes and Fresh Vegetable Medley

Cheese & Tomato Snack served with Mashed Potatoes & **Baked Beans**

V Mexican Veggie Sausage Pasta served with Baguette Slice & Peas

Jacket Potato served with Tuna Mayonnaise & Mixed Salad

Tomato & Basil Pasta served with Flatbread and Mixed Salad

Roast Turkey served with Gravy, Yorkshire Pudding and Organic Roast Potatoes & Fresh Vegetable Medley

V Jacket Potato & Cheese, served with **Baked Beans**

Fajita Quorn Wrap with Oven Chips and Peas

Lemon Shortbread Slice & Custard

Jelly & Fruit

Pineapple Upside Down & Fruit Flapjack Custard

Bakewell Muffin With Milk

Fresh Fruit Salad

Fresh Fruit Salad

Fresh Fruit Salad

Milk

Fresh Fruit Salad





Fresh Fruit Salad



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Main



Week: 3
Date: 19th September, 10th October,
14th November, 5th December, 9th January,
30th January

Main

Dessert

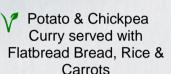


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Robert Shaw

Monday



V Quorn Chilli served with Flatbread Bread, Rice & Carrots

✓ Jacket Potato served with Cheese & Coleslaw

Chocolate Sponge & Chocolate Custard

Fresh Fruit Salad

Tuesday

Halal Tandoori Chicken served with Rice and Sweetcorn

Cheese & Tomato
Pizza
served with Sweetcorn &
Mixed Salad

Tomato Mascarpone
Pasta served with
Baguette Slice and
Sweetcorn

Canadian Date Cake & Custard

Fresh Fruit Salad

Wednesday

F Halal Chicken Tikka served with Rice & Flatbread with Vegetable Medley

Quorn Roast served with Gravy, Stuffing and Organic Roast Potatoes & Fresh Vegetable Medley

Roast Chicken served with Gravy, Stuffing and Organic Roast Potatoes & Fresh Vegetable Medley

> Oaty Cookie Milk

Fresh Fruit Salad

Thursday

Y Sausage and Yorkshire Pudding and Onion Gravy, Mashed Potato & Peas

Veggie Sausage and Yorkshire Pudding with Onion gravy, Mashed Potato & Peas

√ Tomato & Basil Pasta served with Baguette Slice and Mixed Salad

Ice cream & Fruit

Fresh Fruit Salad

Friday

MSC Fish Fingers served with Oven Chips and Baked Beans

V Veggie Bean Wrap served with Oven Chips and Sweetcorn

Jacket Potato & Cheese, served with Baked Beans

Cornflake Tart with Custard

Fresh Fruit Salad



