


Week: 1
 Date: 5th September, 26th September,
 31st October, 21st November, 12th December,
 16th January, 6th February

Salad, Fresh Fruit, Bread and Water are available to pupils every day in all schools.  = Vegetarian

For Allergen information please ask a member of the catering team.

Robert Shaw



Monday

✓ Quorn Dal served with Rice, Flatbread & Carrots

✓ Veggie Balls served with Mashed Potato, Gravy and Minted Peas or Carrots

✓ Tomato & Basil Pasta served with Baguette Slice and Peas or Carrots

Angel Mousse Biscuit Dessert

Fresh Fruit Salad

Tuesday

Chicken & Tomato Pasta Bake served with Baguette Slice and Sweetcorn

✓ Cheese & Tomato Pizza served with Mixed Salad and Sweetcorn

Jacket Potato served with Tuna Mayonnaise and Sweetcorn

Orange Muffin

Fresh Fruit Salad

Wednesday

Roast Pork & Stuffing, Gravy served with Organic Roast Potato & Fresh Vegetable Medley

✓ Quorn Roast, Stuffing & Gravy served with Organic Roast Potato & Fresh Vegetable Medley

✓ Cheese Panini served with Mixed Salad

Lemon & Apricot Cookie Milk

Fresh Fruit Salad

Thursday

Halal Chicken Punjabi Curry served with Rice Flatbread and Green Beans

✓ Pork All Day Breakfast served with Baked Beans

✓ Cheese Salad Wrap served with Carrot sticks & Cherry Tomatoes

Sticky Toffee Pudding & Custard

Fresh Fruit Salad

Friday

MSC Salmon Fish Fingers served with Oven Chips Tomato Sauce and Broccoli

✓ Macaroni & Cheese served with Baguette Slice and Broccoli

✓ Jacket Potato & Cheese, served with Mixed Salad

Oaty Biscuit

Fresh Fruit Salad



Main




Dessert



MSC-C-54995 'Seafood with this mark comes from an MSC certified sustainable fishery. www.msc.org'



Week: 2
 Date: 12th September, 3rd October, 7th November,
 28th November, 19th December & 5th January,
 23rd January

Salad, Fresh Fruit, Bread and Water are available to pupils every day in all schools.  = Vegetarian

For Allergen information please ask a member of the catering team.



Robert Shaw



	Monday	Tuesday	Wednesday	Thursday	Friday
--	--------	---------	-----------	----------	--------

Main

Dessert


Tomato Mascarpone Pasta served with Baguette Slice & Carrots	 Homemade Sausage Roll served with Mashed Potatoes & Sweetcorn	 Halal Chicken Tikka served with Rice, Flatbread and Vegetable Medley	 Halal Chicken Korma Curry served with Flatbread, Rice and Carrots	MSC Fish served with Oven Chips, Peas
 Savoury Homemade Pie with Gravy, Mashed Potatoes and Carrots	 Cheese & Tomato Pizza served with Homemade Coleslaw and Sweetcorn	 Quorn Roast, Yorkshire Pudding With Gravy served with Organic Roast Potatoes and Fresh Vegetable Medley	 Cheese & Tomato Snack served with Mashed Potatoes & Baked Beans	 Mexican Veggie Sausage Pasta served with Baguette Slice & Peas
Jacket Potato served with Tuna Mayonnaise & Mixed Salad	 Tomato & Basil Pasta served with Flatbread and Mixed Salad	Roast Turkey served with Gravy, Yorkshire Pudding and Organic Roast Potatoes & Fresh Vegetable Medley	 Jacket Potato & Cheese, served with Baked Beans	 Fajita Quorn Wrap with Oven Chips and Peas
Lemon Shortbread Slice & Custard	Jelly & Fruit	Fruit Flapjack Milk	Pineapple Upside Down & Custard	Bakewell Muffin With Milk
Fresh Fruit Salad	Fresh Fruit Salad	Fresh Fruit Salad	Fresh Fruit Salad	Fresh Fruit Salad



MSC-C-54995 'Seafood with this mark comes from an MSC certified sustainable fishery. www.msc.org'



Week: 3
 Date: 19th September, 10th October,
 14th November, 5th December, 9th January,
 30th January

Salad, Fresh Fruit, Bread and Water are available to pupils every day in all schools.  = Vegetarian

For Allergen information please ask a member of the catering team.


Robert Shaw





Main

Dessert

Monday

 Potato & Chickpea Curry served with Flatbread Bread, Rice & Carrots


 Quorn Chilli served with Flatbread Bread, Rice & Carrots


 Jacket Potato served with Cheese & Coleslaw


Chocolate Sponge & Chocolate Custard

Fresh Fruit Salad

Tuesday

 Halal Tandoori Chicken served with Rice and Sweetcorn


 Cheese & Tomato Pizza served with Sweetcorn & Mixed Salad


 Tomato Mascarpone Pasta served with Baguette Slice and Sweetcorn

Canadian Date Cake & Custard

Fresh Fruit Salad

Wednesday

 Halal Chicken Tikka served with Rice & Flatbread with Vegetable Medley



 Quorn Roast served with Gravy, Stuffing and Organic Roast Potatoes & Fresh Vegetable Medley


Roast Chicken served with Gravy, Stuffing and Organic Roast Potatoes & Fresh Vegetable Medley


Oaty Cookie Milk

Fresh Fruit Salad

Thursday

  Sausage and Yorkshire Pudding and Onion Gravy, Mashed Potato & Peas

 Veggie Sausage and Yorkshire Pudding with Onion gravy, Mashed Potato & Peas


 Tomato & Basil Pasta served with Baguette Slice and Mixed Salad


Ice cream & Fruit

Fresh Fruit Salad

Friday

MSC Fish Fingers served with Oven Chips and Baked Beans

 Veggie Bean Wrap served with Oven Chips and Sweetcorn

 Jacket Potato & Cheese, served with Baked Beans

Cornflake Tart with Custard

Fresh Fruit Salad



MSC-C-54995 'Seafood with this mark comes from an MSC certified sustainable fishery. www.msc.org'

