

About your children's school meals

We are Eat Culture Education Catering, the caterer at your school and the largest school meals provider in Nottingham City.

Healthy Eating

We are proud to serve healthy, balanced and freshly prepared school meals. Our meals give children all the energy they need to power through the day, helping them concentrate at school and supporting their wellbeing.

Dietary Requirements and Allergens

Special diets are important to us. We work with each school to ensure the special diet process is effective, reassuring you that pupils with allergies or intolerances can eat safely with us.

Free School Meals

Free School Meals can save parents up to £437 per year*. School meals are free for primary school children in reception, year 1 and year 2. Ask for Free School Meals at your school office.

*the saving is based on a cost of £2.30 per day for school meals over 38 weeks of the school year.



Our Food

We've been awarded Bronze Food for Life Awards showing that:

- Our food is sourced locally
- Our meat is Red Tractor assured, meaning it's safe and produced locally
- Our fish is certified by the Marine Stewardship Council
- Our meals are healthy, nutritious, balanced and also low in fat, sugar and salt




British Food Fortnight!

We love British food! It's tasty, fresh and locally grown. Most of the food on our menu comes from British farms. More details about British Food Fortnight are coming soon!

Week: 1
Date: September 2023-February 2023

Robert Shaw

Salad, Fresh Fruit, Bread and Water are available to pupils every day in all schools.  = Vegetarian

For Allergen information please ask a member of the catering team.



Monday

Tuesday

Wednesday

Thursday

Friday

Sweet Potato Curry
with Rice, Flatbread &
Yoghurt dip

Halal Chicken Masala
Curry & Rice

Roast Chicken &
Stuffing with gravy
Roast Potatoes
Vegetable Medley

Halal Chicken
Tandoori & Rice
Carrots

Fish Fingers
Chips & peas

Italian Veggie Meatballs
with Tagliatelle
Broccoli

Cheese & Tomato
Pizza
Carrot Sticks or
Sweetcorn

Quorn Roast
Roast Potatoes
Vegetable Medley

Veggie Sausage
Mashed potato &
gravy, Carrots

Fishless finger wrap
with chips & Peas

Jacket Potato & Beans
& Cheese

Pasta with Arrabiata
sauce topped with
grated Cheese
Baguette slice
Carrot Sticks or
Sweetcorn

Cheese & Tomato
Panini with Vegetable
Medley

Tuna Pasta Bake
Carrots

Jacket Potato with
Cheese & Coleslaw

Chocolate Muffin
Milk

Shortbread Cookie

Angel Mousse & fruit

Oaty Lemon Slice
Custard

Fruit Muffin
Milk

Fresh Fruit Salad

Fresh Fruit Salad

Fresh Fruit Salad

Fresh Fruit Salad

Fresh Fruit Salad




Main

Dessert



Week: 2

Robert Shaw

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Monday

Tuesday

Wednesday

Thursday

Friday

Jacket Potato & fillings

Veggie Chilli or
Baked Beans
Cheese
Served with salad

Cheese Snack
Baked Beans
Boiled or Mashed
Potatoes
Salad

Halal Punjabi Curry &
Rice
Carrots

Cheese & Tomato
Pizza
Carrot Sticks or
Sweetcorn Cob

Pasta with Tomato &
Basil sauce topped
with grated Cheese
Baguette Slice
Carrots

Roast Beef & Yorkshire
Mashed Potatoes,
Gravy
Vegetable Medley

Quorn Roast
Mashed Potatoes
Vegetable Medley

Cheese & Tomato
Panini
Coleslaw

Sausage & Gravy
Potato Wedges
Sweetcorn

Veggie Sausage
Gravy
Potato Wedges
Sweetcorn

Jacket Potato with
Tuna Mayo
Salad

Fish portion
Chips
Peas

Quorn Burrito
Chips
Peas

Macaroni cheese
Baguette Slice
Peas



Main

Dessert

Flapjack
Raisins

Fresh Fruit Salad

Oaty Apricot cookie

Fresh Fruit Salad

Banana loaf

Fresh Fruit Salad

Ice Cream & Fruit

Fresh Fruit Salad

Chocolate Brownie
Milk

Fresh Fruit Salad



Week: 3
Date

Robert Shaw

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For Allergen information please ask a member of the catering team.



Main

Dessert

Monday

Veggie Enchiladas
Jacket Potato Hedgehog
Carrots

Smokey BBQ Quorn
Jacket Potato Hedgehog
Carrots

Jacket potato with
Cheese & Salad

Apple Muffin

Fresh Fruit Salad

Tuesday

Beef Chilli with Rice
Yoghurt
Carrot Sticks and
salad

Cheese & Tomato
Pizza
Carrot Sticks and
salad

Pasta with Tomato &
Mascarpone Sauce,
Baguette Slice
Carrot Sticks and
salad

Cornflake Tart

Fresh Fruit Salad

Wednesday

Roast Pork
Stuffing & Gravy
Roast Potatoes
Vegetable Medley

Quorn Roast
Stuffing & Gravy
Roast Potatoes
Vegetable Medley

Cheese & Tomato
Panini
Vegetables

Fruit yoghurt

Fresh Fruit Salad

Thursday

Halal Chicken Fried
Rice
Carrots & Peas

Veggie Lasagne
Baguette Slice
Carrots & Peas

Jacket potato & Tuna
Mayonnaise
Salad

Fruits of the Forest
Crumble with Custard

Fresh Fruit Salad

Friday

Fish fingers
Chips
Baked Beans

Veggie Sausage
Chips
Baked Beans

Sausage
Chips
Baked Beans

Chocolate Crunchies
Milk

Fresh Fruit Salad

